

WHO TO CONTACT:

- For concerns regarding your insertion site, contact the clinician who did your procedure.
- For diabetes management questions, contact the clinician who prescribed Eversense E3.
- For technical questions or help getting started with Eversense E3, contact 1-844-SENSE4U (736-7348).

EVERSENSE E3 NEXT STEPS

Incision care for proper healing



- **Do not swim or soak in a tub for five days.**
- Avoid strenuous activities that may pull at the incision or cause a lot of sweating around the insertion area while the incision heals.
- Replace Tegaderm™ if it becomes saturated; otherwise, leave it on over the Steri-Strips™.
- Leave Steri-Strips™ on until they fall off.
- Trim the edges of the Steri-Strips™ if they start to curl; do not remove them when doing so.

Notify your doctor if:

- Steri-Strips™ come off before incision is fully closed.
- You develop a fever, or experience pain, redness, swelling, warmth or drainage at the incision site.

Note: If you need to replace your Tegaderm™, take extra care to ensure the Steri-Strips™ do not get pulled off.

Thoroughly review the **Benefits and Risks** section of your **Eversense E3 CGM System User Guide**.

Helpful training videos are available at www.ascensiadiabetes.com



Scan codes with smartphone to watch videos



DAY 1: GET STARTED

- Read the enclosed Eversense **E3 User Guide** and **Quick Reference Guide**.
- Download the Eversense App, and pair your transmitter to your mobile device.
- Link your sensor and smart transmitter and begin the 24-hour Warm-Up Phase.
- Enter the settings provided by your diabetes care team.
- Turn off your transmitter, there is no need to wear it until you begin the Initialization Phase.

DAY 2: SYSTEM INITIALIZATION PHASE BEGINS

- Position smart transmitter with adhesive over sensor and complete 4 Initialization calibrations with a minimum of 2 hours between each calibration.
- After the 2nd successful calibration, you will begin to see your glucose data.



DAY 3 AND BEYOND: DAILY WEAR

- Daily Calibration Phase begins.
- Follow the steps in the **Eversense DMS User Guide**.

SHARING YOUR EVERSENSE E3 CGM DATA

- Steps on how to share your glucose data with your Health Care Provider.
- Great opportunity to also share your data with family and friends.



Eversense Customer Care: 1-844-SENSE4U (736-7348) eversense.us@ascensia.com