



Insertion Date: \_\_\_\_\_ Time: \_\_\_\_\_

Transmitter paired with mobile app\*  Transmitter linked with sensor\*

\* Refer to the **Quick Reference Guide** in the smart transmitter box or refer to the Set Up Videos listed below. If unable to pair or link, contact Eversense Customer Care at the number below.

## Eversense® System Set-Up Videos

The videos below are available at <https://www.contournext.com/eversense/support/onboarding-videos/>

- How to Download the Eversense Mobile App and Create an Eversense Account
- Pairing the Eversense Smart Transmitter and Mobile App
- Linking the Eversense Sensor and Smart Transmitter

## Eversense® CGM Take Home Instructions

### Incision care for proper healing



- Do not swim or soak in a tub for five days
- Avoid strenuous activities that may pull at the incision or cause a lot of sweating around the insertion area while the incision heals
- Replace Tegaderm™ if it becomes saturated; otherwise, leave it on over the Steri-Strips™
- Leave Steri-Strips™ on until they fall off
- Trim the edges of the Steri-Strips™ if they start to curl; do not remove them when doing so
- Place the smart transmitter over the Tegaderm™ after the first day

### Notify your doctor if:

- Steri-Strips™ come off before incision is fully closed
- You develop a fever, or experience pain, redness, swelling, warmth or drainage at the incision site
- During sensor wear, skin over the sensor looks like it is thinning, depressed, or changing color
- You experience a significant change in health or well-being that you believe is related to your incision site

### 1 Day One: WARM UP PHASE Your goal: Program your personalized settings!

- Not necessary to wear your smart transmitter over the sensor for the first 24 hours
- Go to <http://global.eversenseddiabetes.com/sites/default/files/today-tomorrow-and-beyond-elearning/index.html>
- Scroll down to **Online Learning: Today, Tomorrow and Beyond**
- Watch **“Today”** section

### 2 Day Two: SYSTEM INITIALIZATION Your goal: Start receiving your glucose data!

- Go to <http://global.eversenseddiabetes.com/sites/default/files/today-tomorrow-and-beyond-elearning/index.html>
- Scroll down to **Online Learning: Today, Tomorrow and Beyond**
- Watch **“Tomorrow”** section
- Position smart transmitter with adhesive over sensor and complete 4 Initialization calibrations

### 3 Day Three and Beyond: DAILY WEAR OF YOUR EVERSENSE CGM

#### Your goal: Living fully with Eversense CGM!

- Go to <http://global.eversenseddiabetes.com/sites/default/files/today-tomorrow-and-beyond-elearning/index.html>
- Scroll down to **Online Learning: Today, Tomorrow and Beyond**
- Watch **“Beyond”** section

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Continuous Glucose Monitoring System

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