Contour® Next "" Wireless Blood Glucose Monitoring System"

12:24 PM | 10/13



Uses only CONTOUR®NEXT Blood Glucose Test Strips



Bolus

CONTOUR®NEXT LINK 2.4 is the only blood glucose monitoring system (BGMS) approved as part of the MiniMed[™] 630G and MiniMed[™] 670G systems. The meter is designed to be used exclusively for Continuous Glucose Monitoring (CGM) calibration and insulin administration decisions as part of the MiniMed 630G and MiniMed 670G systems.

The CONTOUR NEXT LINK 2.4 BGMS is highly accurate and has been demonstrated to close the gap between laboratory accuracy and real world test results.¹¹ Clinical studies show that differences in BGMS accuracy could result in clinically important differences in insulin dosing.^{12,13}

USER GUIDE



Medtronic

12:24 PM

0.0 u

120_{mg/dL}

1 6 4

Active Insulin

INTENDED USE

The CONTOUR®NEXT LINK 2.4 wireless blood glucose monitoring system is an over the counter (OTC) device utilized by persons with diabetes in home settings for the measurement of glucose in whole blood, and is for single-patient use only and should not be shared. The CONTOUR NEXT LINK 2.4 wireless blood glucose monitoring system is indicated for use with fresh capillary whole blood samples drawn from the fingertip and palm only. The system consists of a CONTOUR NEXT LINK 2.4 wireless blood glucose meter, CONTOUR NEXT test strips and CONTOUR NEXT control solutions.

CONTOUR NEXT test strips are intended for self-testing by persons with diabetes for the quantitative measurement of glucose in whole blood samples from 20 to 600 mg/dL.

The CONTOUR NEXT control solutions are aqueous glucose solutions intended for use in self-testing by people with diabetes as a quality control check.

The CONTOUR NEXT LINK 2.4 wireless blood glucose monitoring system is intended to be used to transmit glucose values to MiniMed[™] 630G or MiniMed[™] 670G pumps and facilitate transfer of information to CareLink[™] Software through use of radio frequency communication.

The CONTOUR NEXT LINK 2.4 wireless blood glucose monitoring system is not intended for the diagnosis of or screening for diabetes mellitus and is not intended for use on neonates.

IMPORTANT SAFETY INFORMATION

Serious Illness

- Capillary (fingerstick or Alternative Site) blood glucose testing may not be clinically appropriate when peripheral flow is decreased. Shock, severe hypotension, hyperosmolar hyperglycemia, diabetic ketoacidosis, and occurrence of severe dehydration are examples of clinical conditions that may adversely affect the measurement of glucose in peripheral blood.¹⁻³
- Keep out of reach of children. This kit contains small parts which could cause suffocation if accidentally swallowed.

Talk to Your Health Care Professional

- Before setting any Target ranges or High or Low Alerts on your meter.
- Before changing your medication based on test results.
- If your blood sugar reading is under 50 mg/dL, follow medical advice immediately.
- If your blood sugar reading is over 250 mg/dL, wash and dry your hands well and repeat the test with a new strip. If you get a similar result, call your health care professional as soon as possible.

Alternative Site Testing (AST): Palm

- Ask your health care professional if Alternative Site Testing is right for you.
- Do not calibrate your continuous glucose monitoring device from an AST result.
- Do not calculate a bolus based on an AST result.

Potential Biohazard

- Always wash and dry your hands well with soap and water and dry them well before and after testing, handling the meter, lancing device or test strips.
- The meter, lancing device and lancets are for single person use. Do not share them with anyone including other family members. Do not use on multiple persons.^{4,5}
- All parts of this kit are considered biohazardous and can potentially transmit infectious diseases, even after you have performed cleaning and disinfection. For Cleaning and Disinfection instructions, please see page 63.

- The lancing device provided with your kit is intended for self-testing by a single patient. It must not be used on more than one person due to the risk of infection.
- (2) Use a new lancet each time you test because it is no longer sterile after use.
- Always dispose of test strips and lancets as medical waste or as advised by your health care professional. All products that come in contact with human blood should be handled as if capable of transmitting infectious diseases.

PRECAUTIONS

- Ti Read your CONTOUR NEXT LINK 2.4 user guide, the lancing device package insert, your Medtronic device user guide and all instructional materials provided in your meter kit before testing. Please follow all instructions for use and care exactly as described to help avoid inaccurate results.
- Examine product for missing, damaged, or broken parts. If the test strip bottle is open inside a new box of strips, do not use those strips. For replacement parts, contact Customer Service. Please see back cover for contact information.
- The CONTOUR NEXT LINK 2.4 meter only works with CONTOUR®NEXT test strips and CONTOUR®NEXT control solutions.
- Always keep the CONTOUR NEXT test strips in their original bottle. Tightly close the bottle immediately after removing a test strip. The bottle is designed to keep the test strips dry. Avoid exposing meter and test strips to excessive humidity, heat, cold, dust, and dirt. Exposure to room humidity from leaving the bottle open or not storing the strips in their original bottle can damage your test strips. This could lead to inaccurate results. Do not use a test strip that appears damaged or has been used.
- Check the expiration dates on your test strips and control solution. Do not use the test strips or control solution if the expiration date printed on the bottle label and carton has passed. This can cause inaccurate results. For the control solution, do not use if it has been 6 months since you first opened the bottle. After first opening the bottle, write the 6-month discard date on the control solution label.
- If your control solution test result is out of range, contact Customer Service. Please see back cover for contact information. Do not use the meter for blood glucose testing until you resolve this issue.
- The meter has been designed to give accurate results at temperatures between 41° to 113°F. If you are outside this range, you should not test. Whenever the meter is moved from one location to another, allow approximately 20 minutes for the meter to adjust to the temperature of the new location before performing a blood glucose test.
- Do not perform a blood glucose test when the CONTOUR NEXT LINK 2.4 meter is connected to a computer.
- Use only approved cables or wall charger from the manufacturer or a 5V charger approved by a certified body such as UL or TUV.
- The CONTOUR NEXT LINK 2.4 meter has been preset and locked to display results in mg/dL (milligrams of glucose per deciliter of blood).
 - * Results in mg/dL will never have a decimal point;
 - * Results in mmol/L will always have a decimal point.



- * Check your display screen to be sure the results are shown the right way. If not, please see Customer Service contact information on the back cover of this user guide.
- The CONTOUR NEXT LINK 2.4 wireless blood glucose monitoring system has a measuring range of 20 mg/dL to 600 mg/dL.
 - * For results under 20 mg/dL or over 600 mg/dL;
 - If your blood sugar reading is under 20 mg/dL, the "Follow Medical Advice Immediately" screen will display and the meter will beep twice. Contact your health care professional.



- If your blood sugar reading is over 600 mg/dL the next screen will tell you to retest. The meter will beep twice. If results are still over 600 mg/dL, "Follow Medical Advice Immediately" is displayed.
- Please be aware that USB ports in some computers and self-powered USB hubs can become much warmer than the room. A USB extension cable is available. If you wish to test immediately after disconnecting from your computer, please use the USB cable to protect the meter from exposure to heat created by the computer.

CAUTION: Your CONTOUR®NEXT LINK 2.4 meter only works with CONTOUR®NEXT test strips and CONTOUR®NEXT control solutions.

Rechargeable Battery

Your CONTOUR NEXT LINK 2.4 meter has a rechargeable battery. You must charge your battery before you can use your meter and you cannot do a blood sugar test while the battery is charging.



Charge Your Meter Using a Wall Outlet or a Computer

- Remove USB cap.
- Insert the meter USB plug into the wall charger* or use the USB extension cable.

The meter is fully charged when the test strip port light stops flashing and turns off.

* Wall charger may not be included in all meter kits. Contact Customer Service for information on obtaining a wall charger.

CAUTION: Do not perform a blood glucose test when your meter is connected to an external device, e.g., computer.

NOTE: Your meter can Rapid Charge. After 1 minute of charging, you can unplug the meter and run one blood sugar test, if needed.

A USB extension cable is included for your convenience.



iv

OR

- Remove USB cap.
- Insert the meter USB plug into your computer or use the USB extension cable.
- Be sure your computer is turned on and not in sleep, hibernate, or power save mode.

CAUTION: Please be aware that USB ports in some computers and self-powered USB hubs can become much warmer than the room. If you wish to test immediately after disconnecting from your computer, please use the USB cable to protect the meter from exposure to heat created by the computer.

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& CARE

Getting Started

Your CONTOUR®NEXT LINK 2.4 Wireless Blood Glucose Monitoring System

Your CONTOUR NEXT LINK 2.4 wireless blood glucose monitoring system works with CONTOUR®NEXT test strips.



Keep out of reach of children. Accidental swallowing could cause suffocation.

Your CONTOUR NEXT Test Strip

Gray Square End Insert this end into the test strip port with the gray end facing up.

CAUTION: Your CONTOUR NEXT LINK 2.4 meter only works with CONTOUR NEXT test strips and CONTOUR®NEXT control solutions!

"Talks" to Your MiniMed Insulin Pump



Your CONTOUR®NEXT LINK 2.4 meter can automatically send your blood glucose result or a bolus directly to your MiniMed 630G or MiniMed 670G insulin pump. Up to 6 CONTOUR NEXT LINK 2.4 meters can be connected to your MiniMed insulin pump. Your CONTOUR NEXT LINK 2.4 meter and MiniMed insulin pump must be within 6 feet of each other.

Meter Overview

Contour

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Turning the Meter On or Off

- Press and hold the top Menu button to turn the meter on or off.
- Insert a test strip to turn the meter on.
- Meter turns off after 3 minutes of inactivity.

Using the Top Menu Button



The top Menu button has three functions:

- To turn the meter on/off, press and hold the top Menu button.
- To go back one screen from most screens, press the top Menu button once.
- To turn on/off the test strip port light, quickly press the top Menu button two times.

Using the Selection/Scrolling Buttons



- The three buttons next to the screen allow you to make your selection by pressing the button next to your choice.
- Scroll up or down for additional choices when the ▲ or ▼ arrows appear on the meter screen.
- When your choice is highlighted, make a selection by pressing **OK**.

NOTE: Press and hold the \blacktriangle or \triangledown button to scroll through the list faster.

Using the Main Menu



The Main Menu has four choices: Bolus, Logbook, Trends and Setup. Press the ▲ or ▼ button to scroll to your desired selection. When your choice is highlighted, press OK.

CAUTION: Unplug meter from charging source before beginning Setup.

Initial Setup



1. Before use, fully charge your meter. See page iv.

Turn On



2. Press and hold the top Menu button until the meter turns on. After a welcome screen, you see the Language choice screen.

Initial Setup

GETTING STARTED

Set Language These meter screen images are for illustration purposes only.

Set Language

Connect to Pump

Connect to a

MiniMed Pump?

LANGUAGE

Enalish

Deutsch

Español

English

Language:

 Press 0K to connect to a MiniMed insulin pump now.
 If you press \$kip, you will be asked to accept or change the date and time.

To change, follow instructions starting on page 45, step 5. Return to Initial Setup, page 10, step 22, when set.

3. Press the ▼ button to see more language choices.

If the correct language is not displayed, press No.

When your language is highlighted, press **OK**.

CONNECT TO PUMP Select "Connect Device" on your Pump. Go Back

630G Pump

So MiniMed

6. Press OK.

4. Press 0K to confirm.

Put the meter down and pick up your pump.

For the MiniMed 630G Pump,

7a. Press any button to turn the screen on.
Press the Menu button .
If your pump does not have a Menu button .

OR

0 K

🗸 0 K

🗶 Nr

?

OK

Skip

For the MiniMed 670G Pump,

7b. Press Select button ⊙.
Use the Down arrow button ♥ to scroll to Options.
Press Select button ⊙.

NOTE: If your pump screen turns off, press any button to turn back on.



Menu

Insulin Settings Sensor Settings

vent Markers

eminders

9. In the Utilities menu, use the down arrow To scroll to Device Options.
 Press Select button O.

8. Press the Down arrow button

to scroll to Utilities.

Press Select button ().



10. In the Device Options menu, scroll to Connect Device. Press Select button \bigodot .



11. Place the meter and pump next to each other. Select **Auto Connect** on your pump.

CONNECT TO PUMP Manual Connect Auto Connect

Select Auto Connect on your meter. If you select Manual Connect, see page 38.

NOTE: If your meter is lost or stolen, delete the meter from your pump. See your MiniMed insulin pump user guide.

GETTING STARTED











the next page.

.

Press Select button ().

CONNECT TO PUMP Select "Search" on Search 💽 your Pump and meter. Cancel

V

are in search mode. 👗



12. Read pump screen. Be sure other nearby Medtronic devices

Use arrow buttons to scroll to Continue.

are NOT in search mode. Use the down arrow 💎 to scroll to



The search may take up to 2 minutes.





14. Check that the Device SN (serial number) on the pump screen matches the meter SN on the meter screen. If they match, **Confirm** on the pump. Press Select button ().

CONNECT TO PUMP 🕿 Use Pump to confirm Device SN: BGJ133333F

When the pump links to the meter, the SN on the meter screen will change to a different serial number. This number is the **pump** SN.



15. Turn the pump over. Check that the SN on the back of the pump matches the pump serial number now on the meter screen.





16. The confirmation screen appears briefly on your pump.



The Manage Devices screen appears on your pump.



Then press Next on your meter.



Hold the back button on the pump until you see the home screen.

17. Put your pump down and pick up meter.

Auto Connect Before using Auto Connect, be sure no other nearby Medtronic devices

Meter Send Options

Your options are: Always

Ask Me Never Press the Send Option that is best for you.

SEND OPTIONS	Alw
Automatically send results to the Pump?	Ask

Your choice can be changed later using Setup (see page 42).

Send Options set. Meter will always send results.

19. Press 0K.

18. After the meter and pump are connected, you set your **Send Options**. This controls

how your meter sends blood glucose readings to your MiniMed insulin pump.

Meter will always send results

Meter will never send results

Meter will ask you before sending results

Date and Time Format

In this step, you select how the date and time are displayed on your meter. If you are not connected to a pump (e.g., if you pressed **\$kip** in Step 5 of Initial Setup), you are asked to accept or change the displayed date, followed by the time.

NOTE: Your pump automatically controls the date and time. If they need to be changed on your pump, see your MiniMed insulin pump user guide. The date format you choose on the meter applies to the meter only.

DATE FORMAT	?
SELECT	Month/Day/Year
	Day.Month.Year

20. The Date Format screen appears on your meter. Choose your date format.

DATE/TIME Date / Time is set by Pump. 10:30 AM I 10/13/11



AutoLoa

The AutoLog feature lets you mark your test result as

O Fasting

🙆 Before Meal 🛛 👮 After Meal No Mark

Your meter comes preset with AutoLog turned OFF.



22. When the AutoLog screen appears, press ficcept to keep AutoLog OFF. Or, to activate AutoLog, select Turn On.

High and Low Alerts

The High and Low Alert feature tells you when your test result is above or below the settings you choose. Results above High are marked High Blood Sugar. Results below Low are marked Low Blood Sugar. Alerts appear as large orange numbers.

Talk to your health care professional before setting any High or Low Alerts on your meter.

Your meter comes preset with a high alert level of 250 mg/dL and a low alert level of 70 mg/dL. You can Accept or Change these levels.

NOTE: Alerts can only be set outside your selected Target Range(s). For additional information, you may contact Customer Service. Contact information for Customer Service is on the back cover.

HIGH	AND LOW ALERTS	2
High:	250 mg/dL	Accept
Low:	70 mg/dL	Change

23. Select Accept to keep the preset alert levels. If you wish to change these alert levels, press **Change**.

NOTE: Your Target Ranges must be within your High and Low Alert levels. You set your Target Ranges next.



24. If you selected **Change**, press the \blacktriangle or \checkmark button to select your High Alert level. This can be set between 126 - 360 mg/dL. Press 0K.



25. Press the ▲ or ▼ button to select your Low Alert level. This can be set between 54 - 99 mg/dL. Press OK.

NOTE: Press and hold the \blacktriangle or \triangledown button to scroll through the numbers faster.



26. The next screen confirms your choices. Press Accept to confirm your Alert settings.

GETTING STARTED

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Target Ranges

Next you are asked to accept your blood sugar Targets. Targets are your personal ranges for your blood sugar results. With AutoLog OFF, you have a single Target range. With AutoLog ON, you have Target ranges for Fasting, Before Meal, and After Meal.

NOTE: Targets can only be set inside your selected Alert level(s). For additional information, you may contact Customer Service. Contact information for Customer Service is on the back cover.

Talk to your health care professional before setting any Target ranges on your meter.

TARGET	(
	Accep
70 - 180	Chang

27. If AutoLog is OFF, Accept or Change the preset blood sugar Target range. The preset range is 70 – 180 mg/dL.

TARGET	2
Fasting:	Accept
0 /0 - 130	Change,

If AutoLog is ON, **Accept** or **Change** the preset blood sugar range for Fasting, Before Meal, and After Meal screens. Each Target has an option to **Accept** or **Change**.

The preset values based on ADA recommendations are:6

1	0	Fasting	70 – 130 mg/dL
	6	Before Meal	70 – 130 mg/dL
	, Î	After Meal	70 – 180 mg/dL



28. To change the Targets press the ▲ or ▼ button until the desired Target is reached and then press 0K. Press flccept on confirmation screen.
You can change these settings later by going to the Main Menu and selecting Setup. See page 49.

Setup is complete. Insert strip to start a test.

Initial Setup is complete. You may now test your blood sugar. See Testing, next page.

Testing

Getting Ready to Test

I Read your CONTOUR NEXT LINK 2.4 user guide, your MiniMed insulin pump user guide, the lancing device insert and all instructional materials provided in your meter kit before testing. Please follow all instructions for use and care exactly as described.

Examine product for missing, damaged, or broken parts. If the test strip bottle is open inside a new box of strips, do not use those strips. Contact Customer Service for replacement parts. Please see back cover for contact information.

CAUTION: Your CONTOUR®NEXT LINK 2.4 meter only works with CONTOUR®NEXT test strips and CONTOUR®NEXT control solutions.

Have all the materials you need ready before you begin testing. This includes your CONTOUR NEXT LINK 2.4 meter, CONTOUR NEXT test strips, and the lancing device and lancets. You may also need CONTOUR NEXT control solution to perform a quality control check. CONTOUR NEXT control solutions are available separately if not included in the meter kit.

- Do not perform a blood glucose test when your meter is connected to an external device, e.g., computer.
- Use only approved cables or wall charger from the manufacturer or a 5V charger approved by certified body such as UL or TUV.

Preparing the Lancing Device

The lancing device graphics are for illustration purposes only. Your lancing device may look different. Refer to your lancing device insert for detailed instructions on preparing the lancing device.

WARNING: Potential Biohazard

The lancing device is intended for self-testing by a single patient. It must not be used on more than one person due to the risk of infection.

(2) Use a new lancet each time you test because it is no longer sterile after use. Read the lancing device insert for complete instructions. If you are using a different lancing device, see that manufacturer's instructions for use. For Alternative Site Testing instructions, see page 18.

1. Remove the endcap from the lancing device.



2. Loosen the round protective cap on a lancet by rotating it $\frac{1}{4}$ turn, but do not remove the cap.

Target Ranges



3. Insert the lancet firmly into the lancing device until the lancet comes to a full stop.



4. Twist off the round protective lancet cap. Save the cap for disposing of the used lancet.



5. Replace the endcap.



6. Rotate the endcap dial to adjust the puncture depth. The amount of pressure applied to the puncture site also affects puncture depth.

Preparing the Test Strip



1. Remove a CONTOUR®NEXT test strip from the bottle. Tightly close the bottle lid immediately after you have removed the test strip.

Always wash your hands well with soap and water and dry them well before and

after testing, handling the meter, lancing device or test strips.



 Hold the test strip with the gray square end facing up.
 Insert the gray square end into the test strip port until the meter beeps (if the Sound is set to ON).



You will see the **Apply Blood** screen. The meter is now ready for you to test.

NOTE: After test strip is inserted, if you do not apply blood to the test strip within 1 minute, the meter screen will dim and the meter will beep. Press any button and the Apply Blood screen will become bright again. After a total of 3 minutes of inactivity the meter will turn off.

Getting the Blood Drop - Fingertip Testing



1. Press the lancing device firmly against the puncture site and press the release button.



2. Stroke your hand and finger toward the puncture site to form a drop of blood. Do not squeeze around the puncture site.

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TESTING



3. Test immediately after a good drop of blood has formed.



4. Immediately touch the tip of the test strip to the drop of blood. The blood is pulled into the test strip through the tip.

Hold the tip of the test strip in the blood drop until the meter beeps.

Do not press the tip against the skin or place the blood on top of the test strip or you could get inaccurate results or errors.

Apply More Blood



If the first blood drop is not enough, the meter will beep twice and display **"\$TRIP UNDERFILLED**" and **"APPLY MORE BLOOD NOW.**" You have about 30 seconds to apply more blood to the same strip.

Ioo Little Blood Remove used strip. Repeat test with new E01 strip.

If you do not re-apply enough blood within about 30 seconds, you will see a screen telling you to remove the strip and repeat with a new strip.

Test Results Testing With AutoLog Off

TESTING

Test Results

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After applying blood to the test strip when AutoLog is turned OFF, your result will appear after the 5 second countdown.



If **filways** was selected in Send Options during Setup, your result is automatically sent to your pump. If **Never** was selected in Send Options, you will not have the option to send the result to your pump. If **fisk Me** was selected in Send Options, you can choose to send your

result to your pump after each blood sugar test. Press Send or Don't Send. If Send is chosen, press OK on the Send confirmation screen.

Leave the test strip in the meter to send a bolus to your pump (see page 25), set an optional reminder for your next test (see page 28), or add a note (see page 30).



If you are done, remove the test strip from the meter. Press and hold the top **Menu** button to turn off the meter. The meter also turns off after 3 minutes of inactivity.

CAUTION: Always check the display on your pump to ensure that the glucose result shown agrees with the glucose result shown on the meter.



Testing With AutoLog On



After you apply blood to the test strip, use the ▼ to select Fasting, Before Meal, After Meal, or No Mark, and then press OK. (Scroll down to see No Mark.)

NOTE:

- Your test result does not display until you make an AutoLog selection.
- If your result is above or below your High or Low Alert settings, you will see your result without pushing a button.

O Fasting	Use the Fasting marker when testing blood sugar levels after fasting (no food or drink for 8 hours, except water or non-caloric beverages).
🛑 Before Meal	The Before Meal marker can be used when testing blood sugar levels within 1 hour before a meal.
🛱 After Meal	The After Meal marker can be used when testing blood sugar levels within 2 hours after a meal.
No Mark	You can select No Mark if you are testing at times other than before or after a meal or fasting.

If you make your AutoLog selection very quickly, you may see the remainder of the testing countdown.



Your test result appears as a large number and then changes to the usual test result screen.



If **filways** was selected in Send Options during Setup, your result is automatically sent to your pump. If **Never** was selected in Send Options, you will not have the option to send the result to your pump. If **fisk Me** was selected in Send Options, you can choose to send your

result to your pump after each blood sugar test. Press Send or Don't Send. If Send is chosen, press OK on the Send confirmation screen.

Select **Bolus** to send a bolus to your pump. Select **Reminder** to set a reminder for your next test. Select **Notes** to add more information to the result.



If you are done, remove the test strip. To turn off the meter, press and hold the top **Menu** button. Or, after 3 minutes of inactivity, the meter turns off automatically.

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Alternative Site Testing (AST) – Palm

• Ask your health care professional if Alternative Site Testing is right for you.

• Do not calibrate your continuous glucose monitoring device from an AST result.

• Do not calculate a bolus based on an AST result.

IMPORTANT: For Alternative Site Testing, use the clear endcap on your lancing device. Your CONTOUR®NEXT LINK 2.4 meter can be used for fingertip or palm testing. See the lancing device insert for complete instructions in Alternative Site Testing.

IMPORTANT: Do not use AST under the following conditions:

- If you think your blood sugar is low
- When blood sugar is changing rapidly (after a meal, insulin dose, or exercise)
- If you are unable to feel symptoms of low blood sugar (hypoglycemic unawareness)
- If you get alternative site blood sugar results that do not agree with how you feel
- During illness or times of stress
- If you will be driving a car or operating machinery

Alternative Site test results may be different from fingertip results when glucose levels are changing rapidly (e.g., after a meal, after taking insulin, or during or after exercise). Additionally, glucose levels may not rise as high or fall as low as levels in the fingertip. As such, fingertip testing results may identify hypoglycemic levels sooner than alternate site results.

Alternative Site Testing is recommended only when it is more than 2 hours after a meal, diabetes medication, or exercise.

If you do not have a clear endcap to perform AST, contact Customer Service. Please see back cover for contact information.

Getting a Blood Drop for Alternative Site Testing



- **1.** Wash your hands and the puncture site with soap and warm water. Rinse and dry well.
- 2. Attach the clear AST endcap to the lancing device provided with your kit. Refer to the lancing device insert for detailed instructions.



4. Press the lancing device firmly against puncture site and then press the release button.

The lancing device graphics are for illustration purposes only.



5. Maintain steady pressure until a small, round blood drop forms.



- **6.** Lift the device straight up and away from the skin without smearing the blood.
- 7. Test immediately after you have formed a small, round blood drop. Immediately touch the tip of the test strip to the drop of blood. The blood is pulled into the test strip through the tip.

Do not test the blood sample from palm if you get:

- Smeared blood
- Clotted blood
- Runny blood
- Clear fluid mixed with the blood



8. Hold the tip of the test strip in the blood drop until the meter beeps. Do not press the tip against the skin or place the blood on top of the test strip or you could get inaccurate results or errors.





If the first blood drop is not enough, the meter will beep twice and display "**STRIP UNDERFILLED**" and "**APPLY MORE BLOOD NOW**." You have about 30 seconds to apply more blood to the same strip.

If you do not apply more blood within about 30 seconds, remove the strip and repeat with a new strip.

Getting a

Blood Drop for Alternative Site Testing

TESTING



9. If you have the AutoLog feature turned ON, the AutoLog screen appears. Select O Fasting, Before Meal, R After Meal, or No Mark by pressing the OK button when your selection is highlighted. Scroll down to see No Mark.

NOTE:

TESTING

Ejecting and Disposing of the Used Lancet

- Your test result does not display until you make an AutoLog selection.
- If your result is above or below your High or Low Alert settings, you will see your result without pushing a button.



If **filways** was selected in Send Options during Setup, your result is automatically sent to your pump. If **Never** was selected in Send Options, you will not have the option to send the result to your pump. If **fisk Me** was selected in Send Options, you can choose to send your result to your

pump after each blood sugar test. Press **Send** or **Don't Send**. If **Send** is chosen, press **OK** on the Send confirmation screen. You can change your send option at any time using the Setup Menu (see page 42).

- Do not calculate a bolus based on an AST result.
- Do not calibrate your continuous glucose monitoring device from an AST.

If you are done, remove the test strip from the meter. Press and hold the top **Menu** button to turn off the meter. The meter also turns off after 3 minutes of inactivity.

Ejecting and Disposing of the Used Lancet



- 1. Do not use your fingers to remove the lancet from the lancing device. Your lancing device has an automatic lancet ejection feature.
- 2. Refer to the separate lancing device insert provided with your kit for instructions on automatic ejection of the lancet.

- Dispose of the used lancet as medical waste or as advised by your health care professional.
- ② Do not reuse lancets. Use a new lancet each time you test.

WARNING: Potential Biohazard

- Always dispose of test strip and lancet as medical waste or as advised by your health care professional. All products that come in contact with human blood should be handled as if capable of transmitting infectious diseases.
- Please refer to your lancing device package insert for instructions on how to properly remove and dispose of the lancet.

Test Results - Expected Values

Blood glucose values will vary depending on food intake, medication dosages, health, stress, or activity. Non diabetic plasma glucose concentrations are normally maintained within a relatively narrow range, approximately 70 – 110 mg/dL in a fasting state.⁷

You should consult your health care professional for glucose values specific to your needs.

- If your blood sugar reading is under 50 mg/dL, follow medical advice immediately.
- If your blood sugar reading is over 250 mg/dL, wash and dry your hands well and repeat the test with a new strip. If you get a similar result, follow medical advice immediately.
- Always consult your health care professional before changing your medication based on test results.

High and Low Blood Sugar Alert Screens

Your meter has been preset with a low blood sugar (hypoglycemia) value of 70 mg/dL and a high blood sugar (hyperglycemia) value of 250 mg/dL. These are the preset values, but can be customized by you and/or your health care professional. You can change the High and Low Alert levels under Main Menu, Setup option (see page 51).

If your blood sugar reading is under your low blood sugar alert level:



· A screen with large orange numbers alerts you that your blood sugar is low.

· A screen with large orange numbers alerts you that

• If AutoLog is ON and you did not mark your result

before the high or low alert appeared, select Notes.

If your blood sugar reading is over your high blood sugar alert level:



your blood sugar is high.

- ADD NOTES ок ▼ Before Meal 🕱 After Meal **Time After Meal** Don't Feel Right Sick Stress Activity Go Back
- Press the ▲ or ▼ button to scroll through the choices.
- Press **0K** when your choice is highlighted.

Testing in the Dark

Your meter has a lighted test strip port to help you test in the dark.

- With the meter off, give the top **Menu** button two quick presses to turn on the test strip port light.
- Insert a test strip and the display screen appears.
- Once blood is applied to the test strip, the light goes off.
- Continue with your test.
- Two guick presses of the top Menu button also turns off the light.

Control Solution* Testing

Shake the control solution well before testing.

- **CAUTION:** Use only CONTOUR®NEXT control solution (Level 1 and Level 2) with your CONTOUR®NEXT LINK 2.4 blood glucose monitoring system. Using anything other than CONTOUR NEXT control solution can cause inaccurate results.
- * Control solution may not be included in all meter kits. Contact Customer Service for information on obtaining control solution. See back cover for Customer Service contact information.

Quality Control



• Shake the control solution bottle well, about 15 times before every use.

- Unmixed control solution may cause inaccurate results. You should perform a control test when:
- using your meter for the first time
- you open a new bottle or package of test strips
- you think your meter may not be working correctly
- you have repeated, unexpected blood glucose results

• Do not calibrate your continuous glucose monitoring device from a control result Do not calculate a bolus based on a control result

CAUTION: Check the expiration date on the test strip bottle and the expiration date and discard date on the control solution bottle. DO NOT use expired materials.

Level 1 and Level 2 control solutions are available separately if not included in the meter kit. You can test your CONTOUR NEXT LINK 2.4 meter with control solution when the temperature is 59°F-95°F. Always use CONTOUR NEXT control solutions. Other brands could present incorrect results. If you need help locating CONTOUR NEXT control solutions,



1. Remove the test strip from the bottle and firmly snap the lid closed.

contact Customer Service. Please see back cover for contact information.



- 2. Hold the test strip with the gray square end facing up.
- 3. Insert the gray square end of the test strip into the test strip port until the meter beeps.



4. You will see the **Apply Blood** screen. The meter is now ready for you to test.

High and Low Blood Sugar Alert Screens



5. Shake the control solution bottle well, about 15 times before every use.

- **6.** Remove the bottle cap and use a tissue to wipe away any solution around the bottle tip before dispensing a drop.
- 7. Squeeze a small drop of control solution onto a clean nonabsorbent surface.

Do not apply control solution to your fingertip or to the test strip directly from the bottle.

(((15x)))





9. Hold the tip in the drop until the meter beeps.



10. The meter shows the AutoLog screen (if AutoLog is ON) but will sense control solution. The meter will count down for 5 seconds and the control test result will display on the meter. It automatically marks the result as a "Control Test" and stores it in memory. Control test results are not included in your blood sugar averages.



TESTING

Control Solution Testing

- **11.** Compare your control test result with the range printed on the test strip bottle or the bottom of the test strip box.
- 12. Remove test strip. To turn the meter off, press and hold the Menu button, OR, after three minutes of inactivity, the meter turns off. Dispose of the used test strip as medical waste or as advised by your health care professional.

NOTE: Control test results that are marked as "Control Test" are not transmitted to the pump.



- If the control solution test result is out of range, the result may be transmitted to your pump when in "Always" send mode (see page 25).
- Do not send an out of range control result to your pump.

CAUTION: If the result you get does not fall within the range listed on the test strip bottle label or carton, there may be a problem with the test strips, the meter or your testing technique.

If your control test result is out of range, do not use your CONTOUR®NEXT LINK 2.4 meter for blood glucose testing until you resolve the issue. Contact Customer Service. Please see back cover for contact information.

Features

Your CONTOUR®NEXT LINK 2.4 meter includes many testing features.

AutoLog (Marking Your Results)

Your meter comes with an AutoLog feature that lets you mark your test result as O Fasting,

👩 Before Meal, 🕱 After Meal and No Mark.

Your meter comes with AutoLog OFF. If you would like to see your results when Fasting, Before Meal or After Meal, we recommend that you turn on this feature (see page 47).

RUTOL	.0G	
0	Fasting	
6	Before Meal	Ľ
Ż	After Meal	
	No Mark	

If you have turned AutoLog ON in Setup, before your test result is displayed, the AutoLog screen appears. However, if your result is above your High Alert setting or below your Low Alert setting, you will always see your result in 5 seconds without pushing a button.

Sending Results to Your Pump

You can send your results to the pump during testing. During Initial Setup (Send Options) or in Setup (Pump Options - Send Options), choose **fisk Me** or **filways**.

YOUR RESULTS	?
16/ 👘	Send
💰 Before Meal	Don't Send

If **filways** was selected in Send Options during Setup, your result is automatically sent to your pump. If **Never** was selected in Send Options, you will not have the option to send the result to your pump. If **fisk Me** was selected in Send Options, you can choose to send your

result to your pump after each blood sugar test. Press **Send** or **Don't Send**. You can change your send option at any time using the Setup Menu (see page 42).

You must be connected to the pump to set your Send Options and to send your results.

Sending a Bolus to Your Pump

The Bolus function allows you to send a manual or preset bolus from your meter to your pump if your pump and meter are connected.

You can send a manual or preset bolus from your test results screen or from the Main Menu.

See your MiniMed insulin pump user guide for instructions on how to turn on/turn off Remote Bolus at your pump.

NOTE: To send a bolus from your meter, you must be connected to the pump AND the Remote Bolus feature must be turned ON at the pump. Remote Bolus is ON by default on the pump. See your MiniMed insulin pump user guide for more information. If **Block Mode** is ON at the pump, you are asked if you want to proceed with the bolus. Block Mode is a MiniMed pump setting that restricts access to critical pump settings. Please see your MiniMed insulin pump user guide for more detailed instructions.



1. While the test result is still displayed on the meter, press **Bolus**.







2. On the next screen, press Manual Bolus or Preset Bolus.3. The Connecting to Pump screen appears.

To send a Manual Bolus, continue with step 4, below. To send a Preset Bolus, continue with step 4, page 27.

Manual Bolus



4. Next, choose the bolus amount.

NOTE: Bolus increment setting on your meter is determined by the setting on your MiniMed insulin pump. You can set your increment to 0.1, 0.05, or 0.025 units *on your pump*.



5. Press the ▲ or ▼ button to set the desired bolus amount. Then press 0K.

NOTE: Press and hold the \blacktriangle or \blacktriangledown button to scroll through the list faster.



6. Press Yes to send the bolus to your pump.



7. A confirmation screen appears on both your meter and your pump.



NOTE: Verify that the bolus amount shown on your meter matches the total amount shown on your pump.

Preset Bolus

First, follow Steps 1, 2 and 3 on page 26.4. Next, choose the Preset Bolus you wish to send to your pump.NOTE: Preset bolus is set on your pump.



5. Press the ▲ or ▼ button until your preset bolus choice is highlighted. Then press 0K.



6. Press Yes to send the bolus to your pump.





7. A confirmation screen appears on both your meter and your pump.



FEATURES

Manual Bolus

Test Reminders

A reminder for your next test can be set after testing OR from the Setup Menu (see page 43). A reminder can be set in 15-minute increments from 15 minutes to 23 hours. 45 minutes.

Setting a Test Reminder



1. With the test strip still in the meter, press Reminder.

SETUP	
Pump Options	ОК
Reminder: Off	
Date	

OR from the Setup Menu press the ▼ button to highlight **Reminder: Off.** Press **OK** to turn the Reminder ON.

COUNTDOWN 2 hrs	Start Change Go Back	2
REMINDER	Rtart D	

Start

<u>Change</u>

Go Back

. Press Start to begin the countdown. The preset time is 2 hours or, if you have changed it, the last reminder time that you set is now the default.

You can change the Reminder Countdown time by pressing Change.

Turning Off a Test Reminder

COUNTDOWN

2 hrs

A reminder can be turned off or changed after testing or from the Setup Menu. NOTE: If you do a blood sugar test within 15 minutes of a set reminder, the reminder turns off automatically.



1. Press Reminder. If the countdown is currently on, the screen will read "Reminder In" with the remaining amount of time displayed.



- 2. To stop the countdown, press Stop. A confirmation screen appears and the countdown stops.

Changing a Reminder Time

1. Press the ▲ or ▼ button to select the correct hours and minutes (in 15-minute increments).



2. Press **0**K after each selection.



A screen confirms the Reminder Countdown time.

When the Reminder feature is on, the clock symbol appears in the headers on the Setup and Main Menu screens.

The meter retains the reminder time that you set until you change it or turn it off.

Getting a Reminder

When the reminder time is reached, 20 beeps will sound. The meter will turn on and a reminder screen will appear.

You can stop the beeps in two ways:



- **1.** Press **0K**, insert a test strip and proceed with testing. OR
- 2. Insert a test strip and proceed with testing (see page 13).

NOTE: If you decide to test within 15 minutes before the reminder time, the countdown is stopped with the insertion of the test strip. Proceed with testing.

FEATURES

Test Reminders

Notes

You may add notes to your test result that may help explain results. Your notes will be saved in the Logbook. The option to add a note is available only after a test result.

1. From the test result screen, press Notes.



- Press the ▲ or ▼ button to scroll through the choices. Some may not be visible until you scroll down. Press 0k when your choice is highlighted.
- A screen confirms your choice.

NOTE: When you choose After Meal, Time After Meal will be selectable. Select Time After Meal and then you can select times from 15 minutes to 3 hours.

After the confirmation screen disappears, you may remove the note or add one or more notes by repeating the steps above. The notes will scroll across the bottom so that you can read them all. While you can add more than one note, only one AutoLog option can be chosen (e.g., Fasting, Before Meal or After Meal).

Using the Main Menu

The Main Menu has 4 choices: Bolus, Logbook, Trends and Setup. To select one, press the \blacktriangle or \blacksquare button to scroll to your desired selection. When your choice is highlighted, press **OK**.



Bolus

The Bolus function allows you to send a Manual or Preset Bolus from your meter to your pump if your pump and meter are connected.

You can send a bolus from the main menu or directly from your blood test result screen.

If your pump and meter are not yet connected and you select Bolus, you are asked if you want to connect to a pump. You can only send a bolus to the pump if you have enabled Remote Bolus on the pump.

If **Block Mode** is turned on at your pump, you will be asked if you want to proceed with the bolus. Block Mode is a MiniMed insulin pump setting that restricts access to critical pump settings. Please see your MiniMed insulin pump user guide for more detailed instructions.

NOTE: To send a bolus from your meter, you must be connected to the pump AND the Remote Bolus feature must be turned ON at the pump. Remote Bolus is ON by default on the pump.

For the steps on sending a bolus to your pump, see page 25.

Logbook

The Logbook contains blood sugar test results and notes that you have made to those test results. The Logbook will hold up to 1000 results. When the maximum is reached, the oldest test result will be removed as a new test is completed and saved to the Logbook. A sound indicates the last entry.

- 1. To review entries in the Logbook, press and hold the top **Menu** button to turn the meter on.
- 2. Press the ▼ button to highlight Logbook. Press **0K** to select.



3. You can scroll through all your stored test results using the ▼ button.



When you reach the oldest entry you will see the End of Logbook screen.



Trends (Averages and Summaries)

The Trends feature displays your averages and your results as they compare to your Targets, over a period of time that you select. The options available are 7, 14, 30 and 90 day averages. Your meter has been preset to 14 day averages, but you can change this under Trends Range in the Setup Menu (see page 51).

Your 90 day average is not intended to be reflective of your HbA1c result.

Your screen will display the total number of test results included in the average and the number of tests above \uparrow , within \checkmark and below \clubsuit Target.

Viewing Trends With AutoLog Off

Your meter has been preset to 14 day averages. You can change the Trends time range to 7, 30, or 90 days in Setup.

- 1. Press and hold the top Menu button to turn the meter on.
- **2.** Press the $\mathbf{\nabla}$ button to highlight **Trends**. Press **OK** to select.

TRENDS	
target: 70 - 130	
14 DRV RESULTS	
AVERAGE ↓ 18	\vdash

3. Press the ▼ button to display the 14 Day Results screen.

Viewing Trends With AutoLog On

- 1. Press and hold the top Menu button to turn the meter on.
- 2. Press the $\mathbf{\nabla}$ button to highlight **Irends**. Press **OK** to select.



3. Press the ▼ button to display the 14 Day Fasting Average. If you have marked any test results as Fasting, you will see your Fasting Average first.

4. Press the ▼ button to go to the 14 Day Before Meal Average.

This example shows that your Before Meal average is 128 mg/dL and 38 test results are included in the Before Meal average with 26 within \checkmark the Target range, 8 above \uparrow the Target range and 4 below \clubsuit the Target range.



 Press the ▼ button to go to the 14 Day After Meal Average.



Setup

You can view and change options on your meter and personalize it from the Setup Menu. **1.** Press and hold the top **Menu** button to turn the meter on.

2. Press the $\mathbf{\nabla}$ button to highlight Setup. Press 0K to select.

SETUP	
Pump Options	οr
Reminder	01
Date	$\mathbf{\nabla}$
Time	
Sound	
AutoLog	
Target	
Trends Range	
Hign and Low Alerts	
Language	
Customer Service	

The current settings in the meter for the **Reminder**, **Date**, **Time**, **Sound** and **RutoLog** can be viewed by scrolling through the Setup Menu items. To view the settings of the other items, or to make any changes to any of the items, you can select the item using the \blacktriangle and \triangledown keys and pressing **OK**.

Pump Options

Pump Options allows you to connect or disconnect from a MiniMed insulin pump and change your Send Settings (how your blood sugar readings are sent to your pump).

Connecting the Meter and Pump

You can send blood sugar results and a remote bolus to your pump if your meter and pump are connected.

There are two ways to connect your meter to your pump: **Manual Connect** and **Auto Connect**. Use **Auto Connect** to quickly connect to your pump. Use **Manual Connect** if there are other Medtronic devices nearby. With **Manual Connect**, you will be prompted to enter the device (meter) serial number so the pump can find your meter. With **Auto Connect**, there is no need to enter a serial number. The meter and pump search for each other, and you just need to confirm the serial numbers to connect.

Connecting to the Pump Using Auto Connect

NOTE: Place your meter and your pump side by side before you begin the connection process. You need to alternate between both devices to complete the connection.

- 1. Press and hold the top **Menu** button to turn the meter on.
- 2. Press the $\mathbf{\nabla}$ button to highlight Setup. Press OK to select.



3. Press the ▼ button to highlight Pump Options. Press OK to select.

and Summaries)

Trends (Averages

USING THE MAIN MENU



Connecting to the Pump Using Auto Connect

PUMP OPTIONS

No MiniMed Pump

CONNECT TO PUMP

MiniMed

Device" on your Pump.

630G Pump

Select "Connect

connected. Connect now?

4. The Connect to Pump screens appear next. Press Yes to connect to a MiniMed insulin pump now.

5. Press OK. Put the meter down and pick up your pump.

For the MiniMed 630G Pump,

6a. Press any button to turn the screen on. Press the **Menu** button . If your pump does not have a **Menu** button go to step 6b.

OR

Yes

0K

Go Back

For the MiniMed 670G Pump,

6b. Press Select button (). Use the **Down** arrow button 💎 to scroll to **Options**. Press Select button ().

NOTE: If your pump screen turns off, press any button to turn it back on.





7. Press the Down arrow button to scroll to Utilities. Press Select button (). In the Utilities menu, use the down arrow 💎 to scroll to Device Options. Press Select button (.).

Device Options

- 8. In the Device Options menu, scroll to Connect Device. Press Select button ().



Connect on your pump.

Select Auto Connect on your meter.

NOTE: With Auto Connect, the meter automatically searches for a pump. With Manual Connect, you enter your meter serial number into the pump. See page 38 for information about Manual Connect.



10. Read the pump screen. Be sure other nearby Medtronic devices are NOT in search mode. Use the down arrow to scroll to the next page. Use arrow buttons to scroll to Continue. Press Select button ().



11. Place the meter and pump next to each other. Select Search on your pump.



Select Search on your meter.

Cancel



The search may take up to 2 minutes.

CONNECT TO PUMP ᆂ

Searching...





12. Check that the SN (serial number) on the pump screen matches the meter SN on the meter screen. If they match, scroll to **Confirm** on the pump. Press Select button ().

CONNECT TO PUMP 🕿 🖉 Use Pump to confirm Device SN BGJ133333F

When the pump links to the meter, the SN on the meter screen will change to a different serial number. This number is the **pump** SN.



Manage Devices

PUMP CONNECTED MiniMed Pump

connected:

AA1234567B

13. Turn the pump over. Check that the SN on the back of the pump matches the pump serial number now on the meter screen.



14. The confirmation screen briefly appears on your pump followed by the Manage Devices screen.

15. Then press Next on your meter.

NOTE: To remove this pump, press Delete. The Connect to Pump process starts over to allow you to connect to a different pump.

Next

Delete



- **16.** Hold the back button on the pump until you see the home screen. Put down the pump and pick up the meter.
- 17. After the meter and pump are connected, you set your **Send Options**. This controls how your meter sends blood glucose readings to your MiniMed insulin pump. Choose the **Send Option** that is best for you.

Your options are:

Always	Always Meter will always send results	
Ask Me	Meter will ask you before sending results	
Never	Meter will never send results	



Your choice can be changed later using Setup (see page 42).



18. The next screen confirms your Send Option choice. Press 0K.

In this step, you select how the date and time are displayed on your meter.

NOTE: Your pump automatically controls the date and time. If they need to be changed on your pump, see your MiniMed insulin pump user guide. The date format you choose on the meter applies to the meter only.

DATE FORMAT	?
SELECT	Month/Day/Year
	Day.Month.Year

19. The **Date Format** screen appears. Choose your date format.



- **20.** After making your choice, a confirmation screen appears. Press **OK** to confirm and return to the Setup Menu.

Connecting to the Pump Using Manual Connect

NOTE: Place your meter and your pump side by side before you begin. You need to alternate between both devices to complete the connection.

See page 33 for the Auto Connect steps.

- 1. Press and hold the top Menu button to turn the meter on.
- 2. Press the ▼ button to highlight Setup. Press 0K to select.

SETUP	
Pump Options	
Reminder	
Date	



4. The Pump Options screen appears and asks if you

would like to Connect now. Press Yes.

PUMP OPTIONS No MiniMed Pump Yes connected. Connect now? No

CONNECT TO PUMP Select "Connect Device" on your Pump. Go Back

> Sensor Settinas Event Markers

Reminders

5. Press 0K. Put the meter down and pick up your pump.

MiniMed 630G Pump For the MiniMed 630G Pump,

<u> Nk</u>

6a. Press any button to turn the screen on. Press the **Menu** button . If your pump does not have a **Menu** button g go to step 6b.

OR



Connecting to the Pump Using Manual Connect



For the MiniMed 670G Pump,

6b. Press Select button (). Use the **Down** arrow button 💎 to scroll to **Options**. Press Select button ().

NOTE: If your pump screen turns off, press any button to turn it back on.



8. In the Device Options menu, scroll to Connect Device. Press Select button ().

In the Utilities menu, use the down arrow 💎 to scroll to

7. Press the Down arrow button

Device Options. Press Select button (.).

to scroll to Utilities.

Press Select button ().



9. Place the meter and pump next to each other. Select Manual Connect on your pump. Select Manual Connect on your meter.





10. Pick up the pump. Enter the meter serial number (SN) shown on the meter into the pump screen. Use the up \diamondsuit and down \heartsuit buttons to select the characters, then press the right button to move to the next character. Keep pressing up to get to the alphabet. Press down to go in reverse (starting with "Z"). Press the Select button () after entering the last SN character. Select **OK** on your pump.

CONNECT TO PUMP



Press **OK** on the meter after entering the complete meter SN into the pump.



USING THE MAIN MENU



If you have just connected to a pump for the first time, you will be returned to Initial Setup, Meter Send Options, Step 18 (page 10).

Send Options controls how your meter sends your test results to your pump. You have

	Always	Meter will always send results
fisk Me Meter will ask you before sending re		Meter will ask you before sending results
	Never	Meter will never send results



15. Choose the Send Option that is best for you.



16. The next screen confirms your choice. Press OK.

Month/Day/Year Day.Month.Year

17. The Date Format screen appears. Choose your date format.



18. After making your choice, a confirmation screen appears. Press 0K.



19. Press **IK** to confirm and return to the Setup Menu.

Connecting to the Pump Using Manual Connect

PUMP CONNECTED	?
MiniMed Pump	Nout
LUIIIIELLEU: 8812245678	
11112343070	Delete

14. Press Next on the meter.

Changing the Send Option

NOTE: The meter must be connected to your MiniMed insulin pump to set or change Send Options.

Send Options controls how your meter sends your test results to your pump. You have 3 choices:

(Always	Meter will always send results
	Ask Me	Meter will ask you before sending results
ĺ	Never	Meter will never send results

NOTE: You may want to test with the Send Option set to Never if you do not want to create a wireless signal (for example, if you have been asked to turn off all electronic devices on an aircraft).

- 1. Press and hold the top **Menu** button to turn the meter on.
- 2. Press the ▼ button to highlight Setup. Press 0K to select.

SETUP	
Pump Options	or
Reminder	
Date	

3. Press the ▼ button to highlight Pump Options. Press OK to select.

PUMP OPTIONS	Send Options
	Connection
	Go Back

Press Send Options.

NOTE: For Connection settings, see page 33.

Always

Ask Me

Never

SEND OPTIONS	?
Send is set to Always	Change
invags.	Go Back

5. To change the current Send Option, press Change.

SEND OPTIONS Automatically send results to the Pump?

Changing the Send Option

- Send Options set. Meter will ask you before sending results.
- 6. Choose the Send Option that is best for you.
- 7. A confirmation screen appears. Press **0K** to return to Pump Options.

Viewing or Disconnecting Your Pump Connection

Your meter must be connected to your MiniMed insulin pump to view pump connection or disconnect from pump.

- 1. Press and hold the top **Menu** button to turn the meter on.
- 2. Press the $\pmb{\nabla}$ button to highlight Setup. Press OK to select.



3. Press the ▼ button to highlight Pump Options. Press OK to select.



4. Press Connection.



5. To disconnect from the pump shown, press Delete.



6. Press Yes to confirm you want to delete the pump.



7. A confirmation screen appears. Press **0K** to return to Setup.

Test Reminders

A reminder for your next test can be set after testing or from the Setup Menu. See page 28 for Setting a Test Reminder after Testing.

Setting a Reminder

- 1. Press and hold the top $\ensuremath{\textbf{Menu}}$ button to turn the meter on.
- 2. Press the $\mathbf{\nabla}$ button to highlight Setup. Press OK to select.



3. Press the ▼ button to highlight **Reminder: Off**. Press **OK** to turn ON the reminder.



4. To accept the preset time shown, select Start. To change the time, select Change, and you can change the reminder time in 15-minute increments from 15 minutes to 23 hours, 45 minutes.



5. After you have selected hours, press OK. After you have selected minutes, press **OK**.

Reminder in: Change 3 hrs 15 mins Done

6. A confirmation screen appears and you can select Change or Done.

If you accept the reminder, a reminder icon (2) will appear in the Setup and Main Menu headers.

NOTE: If you decide to test within 15 minutes before the reminder time, the countdown stops when you insert a test strip.

Turning Off a Reminder

Reminder

σ

Turning Off

USING THE MAIN MENU

To turn off a reminder, you can use the Setup Menu, or do a blood sugar test within 15 minutes of the reminder time. To use the Setup Menu:

1. Press and hold the top **Menu** button to turn the meter on.

2. Press the ▼ button to highlight Setup. Press 0K to select.

Ø SETUP	
Pump Options	OK
Reminder: On	
Date	



4. Select Stop. A confirmation screen appears and the countdown stops.

3. Press the $\mathbf{\nabla}$ button to highlight **Reminder: On**.

Press **0K** to turn the Reminder OFF.

- SETUP οк Date
 - 5. Reminder is now off.

Date and Time

Setting the Date (When Not Connected to a Pump)

You can set the date and time on your meter only when the meter is **NOT** connected to a pump. If the meter is connected to a pump, date and time are set on the pump (see Setting the Date and Time When Connected to a Pump, page 46).

1. Press and hold the top **Menu** button to turn the meter on.

2. Press the ▼ button to highlight Setup. Press 0K to select.



3. Press the ▼ button to highlight Date. Press 0K to select.

4. To change the date, press Change.





- 🛹 Date is set. Done 10/13/11 Change
- 7. A screen confirms the date you entered. Press Done if the date is correct.

6. Press the \blacktriangle or \blacktriangledown button to select the correct year,

month and day. Press **0K** after each selection.

Setting the Time (When Not Connected to a Pump)

You can set the date and time on your meter only when the meter is NOT connected to a pump. If the meter is connected to a pump, date and time are set on the pump (see Setting the Date and Time When Connected to a Pump, page 46).

- **1.** Press and hold the top **Menu** button to turn the meter on.
- 2. Press the ▼ button to highlight Setup. Press 0K to select.





Change

Go Back

12 Hour Clock

24 Hour Clock

3. Press the ▼ button to highlight Time. Press 0K to select.

4. To change the time, press Change.

5. Select either the 12 Hour Clock or 24 Hour Clock option.

6. Press the \blacktriangle or \checkmark button to select the correct hour and

7. If you have selected the 12 hour clock format, press

minute. Press **OK** after each selection.

the \blacktriangle or \checkmark button to select **AM** or **PM**.

CHRINGE HOURS

TIME

TIME

SELECT

24 HOUR CLOCK

11:30

- ▼ Time is set.
 10:30 ям
 Change
- 8. Time is set. A screen confirms your choice. Press Done.

If this is the first time you are setting the date and time, return to Initial Setup, AutoLog, Step 22 (page 10).

Setting Date and Time (When Connected to a Pump)

When connected to a pump, you can change the date and time at the pump. The date and time are synchronized to the pump when the meter is first connected to the pump, when a blood sugar result is sent to the pump, or if you select the **Date** or **Time** option in the Setup Menu.

DATE/TIME	2
Date / Time is set	<u> </u>
by Pump.	
10:30 AM T10/13/11	Sync

When connected to a pump, you can only change the format of the date as it appears on the meter. Press **Sync** to synchronize the meter with the date and

time that is set on the Pump.

NOTE: The date format change only applies to the meter (not the pump).

Sound

Turning the Sound On/Off

Sound is ON when you receive your meter. Some error messages and the Reminder bell will override the Sound Off setting.

 $\ensuremath{\textbf{1.}}$ Press and hold the top $\ensuremath{\textbf{Menu}}$ button to turn the meter on.

2. Press the $\mathbf{\nabla}$ button to highlight **Setup**. Press **OK** to select.



3. Press the $\mathbf{\nabla}$ button to select **Sound**. Press **OK**.



4. To turn the sound OFF, press Turn Off. To keep the sound turned ON, press Accept.



A screen confirms your choice.

AutoLog

NOTE: Your meter comes with AutoLog turned OFF.

The AutoLog feature lets you mark your test result as

OFasting	o Before Meal	🚖 After Meal	No Mark
----------	---------------	--------------	---------

To Turn On AutoLog

1. Press and hold the top Menu button to turn the meter on.

2. Press the $\mathbf{\nabla}$ button to highlight Setup. Press OK to select.



3. Press the ▼ button to highlight **AutoLog**. Press **OK** to select.



🛃 AutoLog is On.

A screen confirms your choice.

NOTE:

- When you change your AutoLog setting to ON, you are asked to confirm your Target settings for Fasting, Before Meal and After Meal.
- Your test result does not display until you make an AutoLog selection.
- If your result is above or below your High or Low Alert settings, you will see your result without pushing a button.

To Turn Off AutoLog

NOTE: Your meter comes with AutoLog OFF.

- 1. Press and hold the top Menu button to turn the meter on.
- 2. Press the ▼ button to highlight Setup. Press 0K to select.



3. Press the ▼ button to highlight **AutoLog**. Press **OK** to select.



4. To turn AutoLog OFF, press Turn Off.

👽 AutoLog is Off. 👘

A screen confirms your choice.

NOTE: When you change your AutoLog setting to OFF, you are asked to confirm your Target setting.

Blood Sugar Targets

Targets are your personal ranges for your blood sugar results. With AutoLog OFF, you have a single Target range. With AutoLog ON, you have Target ranges for Fasting, Before Meal, and After Meal.

Talk to your health care professional before setting any Target ranges on your meter.

Changing Targets With AutoLog Off

When AutoLog is OFF, you have only one Target range. It comes preset to 70 - 180 mg/dL.

- **1.** Press and hold the top **Menu** button to turn the meter on.
- 2. Press the ▼ button to highlight Setup. Press OK to select.



3. Press the ▼ button to highlight Target. Press 0K to select.



4. To make changes to your Target range, press $\ensuremath{\texttt{Change}}$.



5. Use the ▲ or ▼ button to change each value of the Target. Press **OK** after each selection.



A screen confirms your choice.



To Turn Off AutoLog

USING THE MAIN MENU

Changing Targets With AutoLog On

NOTE: Targets can only be set inside your selected Alert level(s). For additional information, you may contact Customer Service. Contact information for Customer Service is on the back cover.

When AutoLog is ON, your CONTOUR®NEXT LINK 2.4 meter comes preset with the following Target ranges for testing:

\bigcirc	Fasting	70 – 130 mg/dL
6	Before Meal	70 – 130 mg/dL
(🛱	After Meal	70 – 180 mg/dL

Ranges can be changed to personal Targets decided by you and/or your health care professional.

- 1. Press and hold the top $\ensuremath{\textbf{Menu}}$ button to turn the meter on.
- 2. Press the ▼ button to highlight Setup. Press OK to select.





	?
Fasting	Accept
0 70 - 130	Change

4. To make changes to your Fasting Target range, press Change, otherwise press Accept.



- Press the ▲ or ▼ button to select your desired Fasting Targets. Press 0K after each selection.
- Repeat this process to set your personal Before Meal Targets and After Meal Targets.
 Press **0K** after each selection.

✓ Targets are set. ○ 70 - 130 ○ 70 - 180 ○ 70 - 180 ○ 70 - 180 ○ Change

A screen confirms that all Target ranges are set.

If correct, press **Done** to return to the Setup Menu. To make changes, press **Change** and repeat the process.

Trends Range

The Trends feature displays your averages and your results as they compare to your Targets, over a period of time that you select. The options available are 7, 14, 30 and 90 day averages. Your meter has been preset to 14 day averages, but you can change this in Setup.

1. Press and hold the top **Menu** button to turn the meter on.

2. Press the ▼ button to highlight Setup. Press 0K to select.



Press the ▼ button to highlight Trends Range.
 Press OK to select.

TRENDS RANGE	?
CURRENT SETTING	Accept
14 Day	Change

5. Your current setting is displayed. You can Accept or Change your current setting.

NOTE: Your 90 day average is not intended to be reflective of your HbA1c result.



6. Select 7, 14, 30 or 90 Day by using the ▼ button and then press 0K.
A screen confirms your choice.

High and Low Alerts

The High and Low Alerts tell you that your test result is above or below the setting you choose. Alerts appear as large orange numbers. Results above High are marked High Blood Sugar. Results below Low are marked Low Blood Sugar.

NOTE: Alerts can only be set outside your selected Target Range(s). For additional information, you may contact Customer Service. Contact information for Customer Service is on the back cover.

Talk to your health care professional before setting any High or Low Alerts on your meter.

- 1. Press and hold the top **Menu** button to turn the meter on.
- 2. Press the $\mathbf{\nabla}$ button to highlight Setup. Press OK to select.



3. Press the ▼ button to highlight High and Low Alerts. Press OK to select.

Trends Range

USING THE MAIN MENU

HIGH	AND LOW AL	ERTS	2
High:	250 mg/dL		Accept
Low:	70 mg/dL		Change

- 4. Choose ficcept to use the preset Alert levels (or the Alert levels you chose during initial setup) for High and Low Alerts. The preset High Alert is 250 mg/dL and the preset Low Alert is 70 mg/dL.
- 5. Choose Change if you wish to use different Alert levels.

HIGH	AND LOW RLERTS	
High:	251 mg/dL	01
Low:	70 mg/dL	

6. Press the ▲ or ▼ button to select your High and Low Alert. Press 0K after each selection.

🖌 Aler	ts are set.	
High: 2	51 mg/dL	Done
Low: 6	9 mg/dL	Change

7. The next screen confirms your choices. Press Done.

Set Language

Language

Set

USING THE MAIN MENU Press and hold the top Menu button to turn the meter on.
 Press the ▼ button to highlight Setup. Press 0K to select.

SETUP	
High and Low Alerts	0.
Language	
Customer Service	

3. Press the ▼ button to highlight Language. Press 0K to select.

4. Press the \blacktriangle or \blacktriangledown button to select the language you

prefer. Press ▼ to see more choices. Press 0K.



- ✓ Language: English ✓ OI ▼ NI
- Verify that the language you selected is displayed. Press **0K** to confirm.
 If the correct language is not displayed, press **No**.

Customer Service

This option is to be used if you are speaking to a Customer Service representative. They will give you a code that enables them to verify certain settings. It is not for use any other time. Please see back cover for contact information.

Technical and Care

Transferring Data to CareLink Personal Software



You can easily transfer blood glucose results from your meter to CareLink Personal software.

You can also wirelessly transfer data from your MiniMed insulin pump to CareLink Personal software using your CONTOUR®NEXT LINK 2.4 meter.

- 1. Refer to the CareLink Personal software user guide for instructions on how to set up CareLink Personal software and load the required drivers onto your computer.
- 2. If you are running GLUCOFACTS®DELUXE diabetes management software on your computer, you must close it.
- **3.** Start up CareLink Personal. Follow the instructions to plug your CONTOUR NEXT LINK 2.4 meter into a USB port on your computer. CareLink Personal will automatically find the CONTOUR NEXT LINK 2.4 meter and your MiniMed insulin pump.

Your CONTOUR NEXT LINK 2.4 meter is also compatible with GLUCOFACTS DELUXE diabetes management software, which may not be available in all countries.

IMPORTANT: The CONTOUR NEXT LINK 2.4 meter has only been tested for use with GLUCOFACTS DELUXE diabetes management software and CareLink Personal. Ascensia Diabetes Care is not responsible for any erroneous results from the use of other software.

For more information, contact Customer Service. Please see back cover for contact information.

Error Detection Displays

• An error screen will always have an "E" with a number in the lower left corner of the display.

IJ	Wrong Strip Inserted
	Repeat test with
	correct test strip.
E04	

- If there is an error (hardware, software, testing errors) detected by your meter, your meter will beep twice.
- You will see specific instructions to guide you. The first line of the error screen will tell you the error. The next lines describe what you should do. When an error screen displays an **0**K, press the button next to it to continue.
- If you do not resolve the problem, contact Customer Service. Please see back cover for contact information.

TECHNICA & CARE



Battery Status

Battery Status Displays

The battery status is displayed with a battery symbol **=** on the Apply Blood screen and the Main Menu screen. It shows how much battery life is left.



This screen displays full battery.

Bolus	or
Logbook	
Trends	
Setup	

As the battery is used, the battery symbol on the screen gradually shows less fill color. The color of the battery fill turns yellow when the battery is low and then red when your battery is almost out of charge.



A series of low battery alerts tell you that the battery is low and to $\ensuremath{\textbf{Charge Soon}}.$

!	Shutting Down Battery is dead.
R42	

If you do not charge the battery, a display alerts you: "Shutting down, Battery is dead." You must charge immediately.

Plug the meter into your wall charger or into the USB port of your computer. Be sure your computer is turned on and not in sleep, hibernate or power save mode.

The test strip port light flashes during charging and stops flashing and turns off when charging is complete. Please remove the meter and store in the Carrying Case until you are ready to test.

Battery Charging

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When you plug your meter into your wall charger or computer, it starts to charge immediately. While the battery charges, the test strip port light flashes slowly. Press the top **Menu** button at any time to display the charging status.

Rapid Charge

If the battery is low when you plug in your meter, it will Rapid Charge for about 1 minute. You can run a blood sugar test as soon as Rapid Charge is complete and you have unplugged the meter.



Normal Charging

When Rapid Charge ends, normal charging is expected to last up to 2 hours when plugged into a high-powered USB port. When the battery is fully charged, the test strip port light turns off.

CAUTION: Please be aware that USB ports in some computers and self-powered USB hubs can become much warmer than the room. If you wish to test immediately after disconnecting from your computer, please use the USB cable to protect the meter from exposure to heat created by the computer.

NOTE: If the charging status displays "Low Power Charging," your CONTOUR®NEXT LINK 2.4 meter may be plugged into a low-powered USB port. Please try a different USB port on your computer. Only connect to a computer or a 5V charger approved by a certified body such as UL or TUV.

End of Meter Life/Battery Removal

NOTE: Carry out this process only when you no longer intend to use the meter. Meter will not be functional once opened to remove the battery.



To remove the battery for proper disposal, you will need to pry the upper and lower cases apart.

With a screwdriver, beginning near the strip port, insert the tip of the screwdriver and twist to pry the case loose. Continue to do this down the side until the upper case comes apart.



Pry up rechargeable battery here (**A**). Disconnect battery by pulling battery connector (**B**).

Dispose of the meter and lithium polymer battery in accordance with your local/ country laws and regulations.

TECHNICAL & CARE

Battery Status

Symptoms of High or Low Blood Sugar

You can better understand your test results by being aware of the symptoms of high or low blood sugar. Some of the most common symptoms are:

Low blood sugar (Hypoglycemia):	High blood sugar (Hyperglycemia):	Ketones (Ketoacidosis):
 Shakiness Sweating Fast Heartbeat Blurred Vision Confusion Passing Out Irritability Seizure Extreme Hunger Dizziness 	 Frequent Urination Excessive Thirst Blurred Vision Increased Fatigue Hunger 	 Shortness of Breath Nausea or Vomiting Very Dry Mouth

If you are experiencing any of these symptoms, test your blood sugar. If your test result is under 50 mg/dL or above 250 mg/dL, contact your health care professional immediately.

For additional information and a complete list of symptoms, contact your health care professional.

Technical Information

User Accuracy

User accuracy criteria require that 95% of all differences in glucose values (i.e., between reference method and meter) should be within $\pm 15 \text{ mg/dL}$ for glucose values less than 75 mg/dL, and within $\pm 15\%$ for glucose values greater than or equal to 75 mg/dL.

The CONTOUR®NEXT LINK 2.4 blood glucose monitoring system was tested in a user performance study by 218 people with diabetes using capillary blood samples and 3 CONTOUR NEXT test strip lots. The results were compared to the YSI glucose analyzer laboratory reference method, traceable to the CDC hexokinase method.⁸ The tables below show how well the 2 methods compared.

Table 1 — System accuracy results for glucose concentration < 75 mg/dL

Within ± 5 mg/dL	Within ± 10 mg/dL	Within ± 15 mg/dL
5 of 9 (55.6%)	9 of 9 (100%)	9 of 9 (100%)

Table 2 — System accuracy results for glucose concentration ≥ 75 mg/dL

Within ± 5%	Within ± 10%	Within ± 15%	Within ± 20%
145 of 209 (69.4%)	196 of 209 (93.8%)	206 of 209 (98.6%)	209 of 209 (100%)

Analytical Accuracy

The CONTOUR NEXT LINK 2.4 blood glucose monitoring system was tested in 100 capillary blood samples using 600 CONTOUR®NEXT test strips. Two replicates were tested with each of 3 lots of CONTOUR NEXT test strips for a total of 600 readings. Results were compared to the YSI glucose analyzer, which is traceable to the CDC hexokinase method. The tables below compare the performance of the 2 methods.

Table 3 — System accuracy results for glucose concentration < 100 mg/dL

Within ± 5 mg/dL	Within ± 10 mg/dL	Within ± 15 mg/dL
160 of 186 (86.0%)	183 of 186 (98.4%)	186 of 186 (100%)

Table 4 – System accuracy results for glucose concentration \geq 100 mg/dL

Within ± 5%	Within ± 10%	Within ± 15%
307 of 414 (74.2%)	411 of 414 (99.3%)	414 of 414 (100%)

 Table 5 — System accuracy results for glucose concentrations between 37 mg/dL

 and 478 mg/dL

Within ± 15 mg/	dL or ±15%
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600 of 600 (100%)

Symptoms of High or Low Blood Sugar

Figure 1 — 100% of results are within Zone A of the Consensus Error Grid for CONTOUR NEXT LINK 2.4.9

System Accuracy (Difference) Plot, CONTOUR®NEXT LINK 2.4 with Three CONTOUR®NEXT Reagent Lots



ZONE	DEGREE OF RISK
Α	No effect on clinical action
В	Altered clinical action with little or no effect on clinical outcome
С	Altered clinical action—likely to affect clinical outcome
D	Altered clinical action with possibly significant medical risk
Е	Altered clinical action with possibly dangerous consequences

Precision

A repeatability study was conducted with the CONTOUR®NEXT LINK 2.4 blood glucose monitoring system using 5 venous whole blood specimens with glucose levels from 40 to 334 mg/dL. Multiple replicates (n=300) were tested using multiple CONTOUR®NEXT LINK 2.4 blood glucose meters and 3 lots of CONTOUR®NEXT blood glucose test strips. The following precision results were obtained.

Table 6 — System repeatability results for CONTOUR NEXT LINK 2.4 meter using CONTOUR NEXT test strips

Mean, mg/dL	Pooled Standard Deviation	Coefficient of Variation, %
39.6	0.8	2.0
80.7	1.0	1.3
122.3	1.6	1.3
204.8	2.8	1.4
330.4	4.5	1.4

Intermediate precision (which includes variability across multiple days) was evaluated using 2 control solutions. With each of 3 lots of CONTOUR NEXT test strips, each control was tested once on each of 10 instruments on 10 separate days for a total of 300 readings.

Table 7 — System intermediate precision results for CONTOUR NEXT LINK 2.4 meter using CONTOUR NEXT test strips

Control Level	Mean, mg/dL	Standard Deviation, mg/dL	Coefficient of Variation, %
Level 1	46.3	0.7	1.6
Level 2	130.3	2.1	1.6

Accuracy

Principles of the Procedure

The CONTOUR®NEXT LINK 2.4 blood glucose test is based on measurement of electrical current caused by the reaction of the glucose with the reagents on the electrode of the strip. The blood sample is drawn into the tip of the test strip through capillary action. Glucose in the sample reacts with FAD glucose dehydrogenase (FAD-GDH) and the mediator. Electrons are generated, producing a current that is proportional to the glucose in the sample. After the reaction time, the glucose concentration in the sample is displayed. No calculation is required.

Comparison Options

The CONTOUR NEXT LINK 2.4 system is designed for use with capillary whole blood. Comparison to a laboratory method must be done simultaneously with aliquots of the same sample. Note: Glucose concentrations drop rapidly due to glycolysis (approximately 5%-7% per hour).¹⁰

Federal Communications Commission (FCC) Certified Device

This equipment has been tested and found to meet the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.

This portable transmitter with its antenna complies with FCC/IC RF exposure limits for general population / uncontrolled exposure.

If you have questions, please contact Customer Service. Please see back cover for contact information.

WARNING (Part 15.21)

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Service Information

If you have a problem and none of the problem-solving messages on the meter help, contact Customer Service. Please see back cover for contact information. We have trained specialists to help you.

Important

Speak to a Customer Service Representative before returning your meter for any reason. He/she will give you the information needed to get your problem handled correctly and efficiently.

Have your CONTOUR®NEXT LINK 2.4 blood glucose meter and CONTOUR®NEXT test strips available when you phone. It would also be helpful to have a bottle of CONTOUR®NEXT control solution suitable for your test strips nearby.

Check List

This check list may be helpful when speaking with Customer Service:

1. Locate the model number (A) and serial number (B) on the back of the meter.

2. Locate the test strips' expiration date on the bottle.

3. Check the battery symbol 🚛 on the screen. (See page 54, Battery Status.)



Symbols Used

The following symbols are used throughout the product labeling for the CONTOUR®NEXT LINK 2.4 blood glucose monitoring system (meter packaging and labeling, and reagent and control solution packaging and labeling).

Symbol	What It Means	Symbol	What It Means
EXP	Use by date (last day of month)		In Vitro Diagnostic Medical Device
LOT	Batch code		
(((1))) (15x	Shake 15 times	Â	Caution
li	Consult instructions for use	(2)	Do not re-use

& CARE

Principles of the Procedure

System Specifications

Test Sample: Capillary whole blood Test Result: Referenced to plasma/serum glucose

Sample Volume: 0.6 µL

Measuring Range: 20 mg/dL – 600 mg/dL

Countdown Time: 5 seconds

Memory: Stores most recent 1000 test results

Battery Type: Non-serviceable, 250mAh rechargeable lithium polymer battery, 3.4V – 4.2V (5V input voltage)

Meter/Battery Life: 5 years

Charging Current: 300 mA

Test Strip Storage Conditions: 41°F–86°F, 10%–80% Relative Humidity (RH)

Control Storage Temperature Range: 48°F – 86°F

Meter Operating Temperature Range: 41°F – 113°F

Control Solution Operating Temperature Range: 59°F–95°F

Meter Operating Humidity Range: 10%–93% RH

Dimensions: 3.8 in wide x 2.1 in high x 0.7 in thick

Weight: 43 grams

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Sound Output: 45 to 80 dBA at a distance of 3.9 in

Radio Frequency Technology: Zigbee IEEE 802.15.4 based

Radio Frequency Band: 2.4 GHz-2.4835 GHz ISM

Maximum Radio Transmitter Power: 1 mW

Modulation: offset quadrature phase shift keying (O-QPSK)

Electromagnetic Compatibility (EMC): The CONTOUR®NEXT LINK 2.4 meter complies with the electromagnetic requirements specified in ISO 15197: 2013. Electromagnetic emissions are low and unlikely to interfere with other nearby electronic equipment, nor are emissions from nearby electronic equipment likely to interfere with the CONTOUR NEXT LINK 2.4. The CONTOUR NEXT LINK 2.4 meter meets the requirements of IEC 61326-2-6 for immunity to electrostatic discharge. It is advisable to avoid use of electronic devices in very dry environments especially if synthetic materials are present. The CONTOUR NEXT LINK 2.4 meter meets the requirements of IEC 61326-1 for radio frequency interference. To avoid radio frequency interference do not use the CONTOUR NEXT LINK 2.4 meter near cellular or cordless telephones, walkie talkies, garage door openers, radio transmitters or other electrical or electronic equipment that are sources of electromagnetic radiation, as these may interfere with the proper operation of the meter.

CAUTION: Avoid exposing meter and test strips to excessive humidity, heat, cold, dust, or dirt.

- Store your meter in the carrying case provided whenever possible.
- Wash hands and dry well before handling to keep the meter and test strips free of water, oils and other contaminants.
- Keep blood, control solution, and cleaning fluid from entering the test strip port or USB plug.
- Handle the meter carefully to avoid damaging the electronics or causing other malfunctions.
- The USB cap of your CONTOUR®NEXT LINK 2.4 meter is designed to protect the USB plug. Should you lose the cap, contact Customer Service for a replacement. Please see back cover for contact information.

Cleaning and Disinfection

Your CONTOUR®NEXT LINK 2.4 meter should be cleaned and disinfected once a week. For the meter, use only Clorox Germicidal Wipes containing 0.55% sodium hypochlorite (bleach), which has been proven to be safe to use with the CONTOUR NEXT LINK 2.4 meter.

Cleaning is the removal of visible dirt and debris, but does not reduce the risk for transmission of infectious diseases. Your CONTOUR NEXT LINK 2.4 system should be cleaned of dirt and debris once a week.

Disinfecting (if performed properly) reduces the risk of transmitting infectious diseases. Your meter should be disinfected once a week.

Always wash your hands well with soap and water before and after testing and handling the meter, lancing device, or test strips.

NOTE: If your meter is being operated by a second person who is providing testing assistance to you, the meter and lancing device should be disinfected prior to use by the second person.

Signs of Deterioration

The cleaning and disinfecting directions provided should not cause any damage or degradation to the external case, buttons or display. Your CONTOUR NEXT LINK 2.4 meter has been tested for 260 cycles of cleaning and disinfection (one cycle per week for 5 years). This device has been demonstrated to withstand 5 years of cleaning and disinfection without damage. You should contact Customer Service for assistance if your device malfunctions for any cause or if you notice any changes in the meter case or display. Clorox Germicidal Wipes are available for purchase online at http://www.officedepot.com or http://www.amazon.com or for more information call Ascensia Diabetes Care Customer Service. Contact information for Customer Service is on the back cover.

For more information see:

"FDA Public Health Notification: Use of Fingerstick Devices on More than One Person Poses Risk for Transmitting Bloodborne Pathogens: Initial Communication" (2010). http://www.fda.gov/MedicalDevices/Safety/AlertsandNotices/ucm224025.htm

"CDC Clinical Reminder: Use of Fingerstick Devices on More than One Person Poses Risk for Transmitting Bloodborne Pathogens" (2010).

http://www.cdc.gov/injectionsafety/Fingerstick-DevicesBGM.html

TECHNICAI & CARE

System Specifications

Cleaning Your Meter

Supplies Needed for Cleaning:

- Clorox Germicidal Wipes containing 0.55% sodium hypochlorite (bleach)
- Paper towels
- 1. Carefully clean the meter with Clorox Germicidal Wipes until all soil is removed. Do not allow cleaning solution to run into the meter through areas such as around the buttons or the meter's test strip or data ports.
- 2. Dry as necessary with a clean paper towel.

Disinfecting Your Meter

Supplies Needed for Disinfecting:

- Clorox Germicidal Wipes containing 0.55% sodium hypochlorite (bleach)
- Paper towels
- Timing device
- 1. Before disinfecting, clean the meter as described above in Cleaning Your Meter.

For proper disinfection, you must keep all meter surfaces wet for 60 seconds.

Using a new Clorox Germicidal Wipe, carefully wipe all outer surfaces of your meter until wet. Do not allow cleaning solution to run into the meter through areas such as around the buttons or the meter's test strip or data ports.



2. Dry all meter surfaces and test strip port using a clean paper towel if needed.

Cleaning and Disinfecting Your Lancing Device

Refer to the lancing device insert provided with your kit for detailed instructions for cleaning and disinfecting the lancing device.

Caring for Your Meter

Supplies

When calling or writing for supplies be sure to include the name of the replacement part or accessory item.

Replacement Parts / Items

- CONTOUR NEXT LINK 2.4 user guide
- CONTOUR NEXT LINK 2.4 quick reference guide
- USB extension cable
- USB cap
- Wall charger
- CONTOUR®NEXT test strips
- CONTOUR®NEXT control solution

References

- Lancing deviceLancets
- Check the website
- www.diabetes.ascensia.com for any meter updates or GLUCOFACTS®DELUXE updates.
- To order parts, contact Customer Service. Please see back cover for contact information.
- 1. Wickham NWR, et al. Unreliability of capillary blood glucose in peripheral vascular disease. *Practical Diabetes*.1986;3(2):100.
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- Centers for Disease Control and Prevention. CDC clinical reminder: use of fingerstick devices on more than one person poses risk for transmitting bloodborne pathogens. US Department of Health and Human Services; 8/23/2010. http://www.cdc.gov/ injectionsafety/Fingerstick-DevicesBGM.html
- 6. American Diabetes Association. Standards of medical care in diabetes –2014. *Diabetes Care.* 2014;37(supplement 1);S14.
- 7. Cryer PE, Davis SN. Hypoglycemia. In: Kasper D, et al, editors. *Harrison's Principles of Internal Medicine*. 19th edition. New York, NY: McGraw Hill; 2015.
- 8. Data on file, Ascensia Diabetes Care.
- 9. Parkes J.L. et al. A new consensus error grid to evaluate the clinical significance of inaccuracies in the measurement of blood-glucose. *Diabetes Care*. 2000;23(8): 1143-1148.
- 10. Burtis CA, Ashwood ER, editors. *Tietz Fundamentals of Clinical Chemistry*. 5th edition. Philadelphia, PA: WB Saunders Co; 2001;444.
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- Greene C, Brown D, Wallace JF, et al. Comparative accuracy of 3 blood glucose monitoring systems that communicate with an insulin pump. *Endocr Pract*. 2014;20(10):1016-1021.
- Pardo S, Pflug B, Dunne N, Simmons DA. Comparison of bolus insulin dose error distributions based on results from 2 clinical trials of blood glucose monitoring systems. Presented at: 14th Annual Meeting of the Diabetes Technology Society; November 6-8, 2014; Bethesda, MD.

Warranty

Manufacturer's Warranty: Ascensia Diabetes Care warrants to the original purchaser that this instrument will be free from defects in materials and workmanship for 5 years from the date of original purchase (except as noted below). During the stated 5-year period, Ascensia Diabetes Care shall, at no charge, replace a unit found to be defective with an equivalent or current version of the owner's model.

Limitations of Warranty: This warranty is subject to the following exceptions and limitations:

- 1. A 90-day warranty only will be extended for consumable parts and/or accessories.
- 2. This warranty is limited to replacement due to defects in parts or workmanship. Ascensia Diabetes Care shall not be required to replace any units that malfunction or are damaged due to abuse, accidents, alteration, misuse, neglect, maintenance by someone other than Ascensia Diabetes Care, or failure to operate the instrument in accordance with instructions. Further, Ascensia Diabetes Care assumes no liability for malfunction of or damage to Ascensia Diabetes Care instruments caused by the use of test strips or control solution other than the appropriate products recommended by Ascensia Diabetes Care (i.e., CONTOUR®NEXT test strips and CONTOUR®NEXT control solutions).
- **3.** Ascensia Diabetes Care reserves the right to make changes in the design of this instrument without obligation to incorporate such changes into previously manufactured instruments.
- **4.** Ascensia Diabetes Care has not validated the performance of the CONTOUR®NEXT LINK 2.4 blood glucose meter when used with any test strips other than CONTOUR®NEXT test strips, and therefore does not warrant the performance of the CONTOUR NEXT LINK 2.4 meter when used with any test strips other than CONTOUR®NEXT test strips or when the CONTOUR NEXT test strip is altered or modified in any manner.
- **5.** Ascensia Diabetes Care makes no warranty regarding the performance of the CONTOUR NEXT LINK 2.4 meter or test results when used with any control solution other than CONTOUR®NEXT control solution.
- 6. Ascensia Diabetes Care makes no warranty regarding the performance of the CONTOUR®NEXT LINK 2.4 meter or test results when used with any software other than the CONTOUR®DIABETES app (where supported) or the GLUCOFACTS®DELUXE diabetes management software (where supported) from ASCENSIA DIABETES CARE.

ASCENSIA DIABETES CARE MAKES NO OTHER EXPRESS OR IMPLIED WARRANTY FOR THIS PRODUCT. THE OPTION OF REPLACEMENT, DESCRIBED ABOVE, IS THE ONLY OBLIGATION OF ASCENSIA DIABETES CARE UNDER THIS WARRANTY.

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